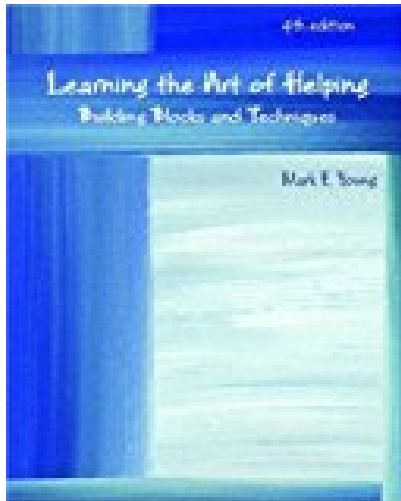


# Learning the Art of Helping Building Blocks and Techniques 4th Edition

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## BOOK DETAILS

- Author : Mark E. Young
- Pages : 416 Pages
- Publisher : Prentice Hall
- Language : English
- ISBN : 013241029X

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## **BOOK SYNOPSIS**

Students and beginning counselors get step-by-step guidance for developing the skills and techniques they need to effectively help their clients. This sixth edition of the best-selling *Learning the Art of Helping: Building Blocks and Techniques* emphasizes the techniques and skills necessary to be effective in the art of helping, from basic building blocks to advanced therapeutic techniques. The text is practical, innovative, and focused on the relationship between helper and client. The author incorporates the latest research on effective treatments, while offering an integrative perspective. The authors conversational tone is appealing to students, yet the book is carefully referenced for instructors. The goal is to make beginning helpers become "reflective practitioners." "Stop and Reflect" sections, exercises, homework, class discussion topics, and Journal Starters support this approach. The sixth edition includes new sections highlighting issues of culture in research, challenges related to gender differences, and helping skills specific to children.

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