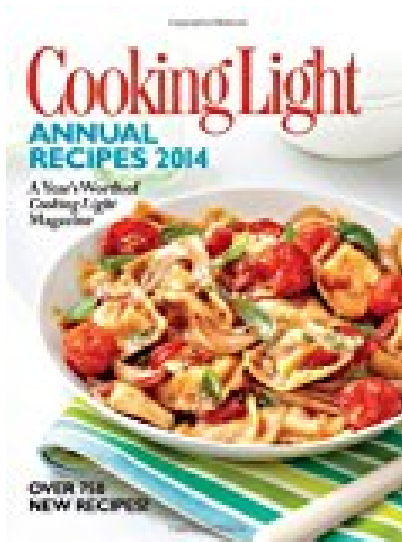


Cooking Light Annual Recipes 2014 A Years Worth of Cooking Light Magazine



BOOK DETAILS

- Author : The Editors of Cooking Light Magazine
- Pages : 416 Pages
- Publisher : Oxmoor House
- Language : English
- ISBN : 0848739892

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BOOK SYNOPSIS

A must-have resource for healthy home cooks, featuring every mouthwatering Cooking Light recipe from 2015. Each issue of Cooking Light magazine features a wealth of great-tasting, healthful recipes, plus information on expert cooking techniques, emerging food trends, and in-season ingredients. In Cooking Lights Annual Recipes 2016, all 800 recipes from the last year are collected in one value-packed volume. More than 400 pages are filled with ideas for every meal, from memorable mains, festive desserts, and appetizers for a crowd to quick weeknight sides, good-for-you lunches, and everyday snacks. Tested and perfected by the magazines experts, each dish comes complete with its own nutritional analysis. Helpful tips, easy-to-follow icons, and multiple indexes make finding and preparing wholesome food a cinch. Featuring more than 65 full-color photographs, this must-have cookbook offers the fresh ideas and inspiration that home cooks expect from Cooking Light.

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